



## **Preconception/Prenatal Screening Recommendations**

The physicians at The Reproductive Medicine Group recommend preconception screening. Preconception and prenatal screening are key steps in identifying women at risk of transmitting infections or genetic problems to their babies. Screening tests often allows for timely initiation of interventions to prevent these problems from occurring. Without this information, we cannot identify those problems nor take appropriate steps to prevent them from occurring in your baby.

Preconception testing is available through the offices of The Reproductive Medicine Group but ideally you can obtain this testing from your current primary care physician or obstetrician/gynecologist. We ask that you bring these test results with you at your first visit. If you decide not to get some of the prenatal tests listed below, we will ask that you sign a Preconception/Prenatal Screening Refusal form indicating the specific tests you are declining.

### ***Results within 6 months to 1 year of initial visit are acceptable***

- Hemoglobin & Hematocrit
- Hepatitis B
- Hepatitis C
- HIV (AIDs)
- RPR (Syphilis)
- Genprobe (Gonorrhea/Chlamydia)

### ***Results within any time period are acceptable***

- Blood type and Rh neg or positive
- Rubella titre (German Measles)
- Varicella titre (Chicken Pox)
- Cystic Fibrosis Screen
- Genetic Screening based on ethnicity

#### **African**

- Hemoglobin Solubility (Sickle Cell Anemia)
- CBC with MCV (Thalassemia)
- Hemoglobinopathy profile (Thalassemia)

#### **Mediterranean/Asian**

- CBC with MCV (Thalassemia, alpha and beta)
- Hemoglobinopathy profile (Thalassemia, alpha and beta)

#### **French Canadian**

- Tay Sachs Screen

#### **Ashkenszi Jewish**

##### **Jewish Panel for:**

- Tay-Sachs Disease
- Canavan Disease
- Gaucher Disease
- Familial Dysautonomia
- Fanconi Anemia
- Niemann Pick

Additional testing may be necessary based on your medical and family history. The tests listed above are not all inclusive. Your physician at The Reproductive Medicine Group may advise additional testing.